Trade Off’s



When doing a support plan you need to think as creatively as possible. You need to make the personal budget work as hard as possible. Sometimes it helps us to think about exchanging one type of support for another, perhaps not a traditionally bought type of support. This is what we call a trade off. The trade off however must achieve the same outcome, if not a better outcome and always must ensure a person is not placed at risk.

An example of this is Rosy who lives in Harrow, she had been going to the day service 2 days per week. Rosy was 69 years old and had a physical disability and a visual impairment. Rosy enjoyed the day service on Tuesdays much more than Thursdays as her friend Joan was there. Rosy described the thing that drove her crazy the most was knowing her bathroom tiles hadn’t been cleaned in ages and she dreaded to think how unclean her house was. Rosy said it is really hard to know what needs doing when you can’t see. She also said she left things in places and often tripped over them a few days later.

The day service was costing £65 per day, meaning Rosy was spending £130 per week on the day service. Rosy decided to use the day service 1 day = £65 and get a cleaner for 3 hours at £7 per hour = £21. Rosy spent the rest on going to a luncheon club which only cost £4 per week, with her neighbour giving her a lift free of charge. She used £15 to pay a telecare service in case she had a fall and the remaining £25 she saved so she could go to her daughters on the train to Lancaster for 3 weeks over Christmas and 3 weeks in the summer, and it was a bit of contingency if she needed any extra help.

Total Resource Allocation = £6760

Before - 2 days day centre @ £65 per day = £130 per week x 52 = £6760

After doing a person centred support plan

1 day at the day centre = £65 x 52 £3380

3 x £7 per hour for cleaning = £21 x 52 £1092

£4 per week luncheon club = £208

£15 per week telecare = £15 x 52 = £780

2 x train tickets return (Christmas and summer) @ £40 = £80

Total = £5540

Contingency = £1220

The outcome for Rosy was she got out more, made more friendships and connections, had 5 weeks holiday a year and felt much safer in her own home.